

# Town Spotlight

A message from Mayor John M. Kramer...

As I sit here composing my thoughts for this article, I realize that six months of my tenure as your mayor have passed. Although it is only the beginning of my term and there is much more to come, I have enjoyed every moment of it. While my duties have expanded, I am confident in this position insofar as having the benefit of a hard working council and a great team of profes-

sionals and employees. Not to mention the team of dedicated volunteers that assist in the many programs Old Tappan offers during the year.

In the summer months all of our sports programs were in high gear as was sum-

mer camp for children. All our fields seemed to be filled with the Old Tappan youth having a great time.

Congratulations to
Thomas Gallagher on his appointment to
the Old Tappan Municipal Council



Mayor John M. Kramer, administering the Oath of Office to Councilman Thomas Gallagher.

**Pizza Bingo:** Held on the 2<sup>nd</sup> Monday of each month at the OT Senior Center. Doors open at 11:30am

**Blood Pressure Clinic:** Held on the 3<sup>rd</sup> Thursday of each month at the Senior Center Noon -2pm

**Zumba:** Held at 9am on Tuesdays and Fridays upstairs at the Firehouse

**Chair Yoga:** Held at 11:30am on Fridays upstairs at the Firehouse

**Town Day:** Stone Point Park on Saturday, 9/10, 1-6pm Rain date-Sunday, 9/11, 1-6pm

**Fireworks:** OT Golf Course on Saturday, 9/10 at 9pm Rain date- Sunday, 9/11 at 9pm

**9/11 Memorial Svc:** Starts at 8:30am in front of Borough Hall on Sunday, Sept. 1

1**Paper Shredding:** Oct 1<sup>st</sup> 9am-1pm at the DPW yard

Fire Prevention Week: October 9<sup>th</sup>-15<sup>th</sup>

FD & OTFAC Open House: Tuesday, 10/11 from 7:30 until 9:00 pm

Leaf Pick-up: Oct 11<sup>th</sup> thru Dec 5<sup>th</sup>

**Senior Lunch & Learn:** Thursday, 10/13, at the OT Firehouse at noon

**Mayor's Trophy Golf Outing:** Old Tappan Golf Course Monday, Oct 17<sup>th</sup>

Flu Vaccination Program: Wed., 10/19,

6pm-8pm at OT Firehouse

Halloween Festival & Ragamuffin Parade: 9am at Oakes Park on Sat., 10/29

Halloween Haunted House: Fri., 10/28 & Sat., 10/29 at Oakes Park

**Breakfast w/Santa:** Sat., 12/3 at OT Fire House sponsored by OT Woman's Club

**Senior Holiday Party:** Thursday, December 8<sup>th</sup> at the OT Firehouse at noon

Thanks to the Arts & Entertainment Committee's hard work and perseverance in bringing us this year's summer concert series at Oakes. I hope that you were able to attend them and enjoy the various genres offered throughout the series. This well attended event is totally funded through local sponsors.

Some other Borough sponsored events to come include Town Day, the Halloween Festival and Haunted House, Senior Holiday Luncheon, Christmas Tree Lighting with a visit from Mr. & Mrs. Claus, just to name a few.

On September 11, 2016, we will be holding a memorial service commemorating the 15<sup>th</sup> anniversary of the horrific terrorist attack that affected not only our communities but the entire world. It was said, at the time, that the events of September 11 changed the world as we knew it. How true those words were when one considers the acts of terrorism in our country and throughout the world. The indiscriminate attacks by terrorists and deranged individuals upon innocent men, women, and children is deplorable. Today, there is an unprecedented number of attacks on the men and women who protect and serve our communities. The recent ambushes, maimings, and the killings of police officers is shocking to our culture. We are a nation of laws with the police being our first line of defense. Please keep them and their families in your thoughts and prayers as they strive to keep us safe and serve us in so many ways.

I trust that you have enjoyed your summer as we all look forward to a pleasant fall season.

John M. Kramer

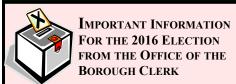


Back by popular demand—**The Mayor's Trophy Golf Outing**Sponsored by the Old Tappan Municipal Alliance is scheduled for Monday, 10/17, with a rain date of Monday, 10/21, at the OT Golf Course. Stay tuned for more info.

## ARTS & ENTERTAINMENT COMMITTEE...

The Summer Series at Oakes Park kicked off on July 6th with The Comfort Zone and continued every Wednesday night ending with No Discipline on August 17th. South Street Station, Tequila Rose, Beauty and the Grease and Outside the Line brought music to our ears. We are grateful to the following sponsors for their support of this program; without them there would be no Oakes Park Free Summer Concert series!

Sullivan Associates
Buldo Brothers
Kearny Federal Savings
Modera Wealth Management
MultiSport Surfaces LLC
Oritani Bank
Power Pro Powerwashing
ProTech Waterproofing Corp.
Spectrum Physical Therapy
Stokes Farm & Garden Center
TFL Education



## GENERAL ELECTION: Tuesday, Nov. 8<sup>rd</sup> 6am - 8pm

Last day to register to vote in the General Election is Tue., October 18<sup>th</sup>. Municipal Clerk's office will remain open on Tue., Oct. 18<sup>th</sup> until 9 pm. The Bergen County Board of Elections issues voter Registration Cards.

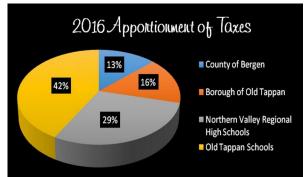
If you are going to be out of town on Election Day, you may pick up an absentee ballot application at the Borough Clerk's Office. The <u>County Clerk</u> must receive applications by mail no later than 7 days prior to

Election Day. After the 7 day deadline all applications must be hand delivered to the County Clerk no later then 3pm the day before the election.

**DISTRICTS AND POLLING PLACES:** Watch for your Sample Ballot, which indicates your District and Polling Place in the left hand corner. Contact the Municipal Clerks office at 201-664-1849 ext. 14 if you have any guestions.

POLLING PLACE FOR DISTRICTS 1, 2, & 3: Charles DeWolf Middle School Gym, 275 Old Tappan Road

## THE FOLLOWING IS FROM THE TAX COLLECTOR'S OFFICE...



#### WHERE YOUR TAX DOLLARS GO

Although school taxes are collected by the Borough of Old Tappan, the governing body plays no role in setting school tax rates. Your local and regional boards of education, which are independently elected, and over which the town has no control, establishes your school budget. The same applies for the county taxes that are collected by the Borough of Old Tappan.

**4th Quarter Property Taxes** are due 11/1/16. There is a 10 day grace period until 11/10/16.

Sewer User fee is due 9/1/16. There is a 10 day grace period until 9/12/16.

**Annual Special Benefit Assessment** bills have been mailed. There are various due dates so check your bill for your due date.

**Do we have your correct mailing address**: Many tax bills as well as other important notices from the Tax Collector are returned by the Post Office as undeliverable. Property owners often neglect advising our office that their

mailing address has changed. Please help us to keep our records up to date. Requests to change mailing address must be submitted in writ-

ing. Please look for the form on the www.borougholdtappan.net.

Online bill pay from your bank: Please be aware payments that you initiate with your own bank through online bill pay should be scheduled in advance of any due date to allow a sufficient number of mailing days for the Borough to receive, process and apply the payment to your account. Payments from online bill pay are sent through the mail. We do not accept electronic payment for taxes. All payments must be received by 4PM on the 10th day of the grace period. The Borough is not responsible for late payments due to delays in mail service or bank processing. PLEASE INCLUDE YOUR BLOCK AND LOT, LAST NAME AND/OR PROPERTY ADDRESS in order for us to apply the payment to the correct account.

Pay with Direct Withdrawal: An alternative to online bill pay is the Direct Withdrawal ACH bank draft program we have in place for both taxes and sewer flow fees. Please check our website for application forms and details or come in person to get an application.

**Borough mailbox:** On the front of the Borough hall for your convenience there is a mailbox to drop payments in when Borough hall is closed. All payments will be posted the following day.

## **State Administered Annual Deductions on Property Taxes:**

Changes to the Property Tax Reimbursement Program (Senior Freeze) - Filing deadline for 2015 Senior Freeze (PTR) is extended to 10/17

This program reimburses eligible senior citizens and disabled persons for property tax or mobile home park site fee increases on their principal residence. To qualify you must meet all the eligibility requirements for each year from the base year through the application year. (The current year is 2015.)

**Reimbursement Checks:** The Division will mail reimbursement checks to eligible seniors and disabled residents who file their 2015 applications by the original June 1 deadline on July 15th. Checks for eligible applicants who file 2015 applications after June 1 will be processed and delivered as quickly as possible thereafter.



Pauline "Lee" Ray
Celebrated her 100th
birthday in August. Family
& friends - Many travelled
from afar; Maine and Florida to attend a party in her
favor. Mayor Kramer was
on hand to present her
with a Proclamation.

# Froclamations

#roclamations were awarded to the following citizens recognizing them for their outstanding accomplishments and service to the community.

RITA SMITH
AUSTIN PETER GEERINCK
JO HAIGHT
PAULINE RAY

NICOLA A. LEPORE

#roclamations were awarded to the following recognizing their outstanding accomplishments.

NVOT GIRLS VARSITY BASKETBALL TEAM
BRIAN DUNN, COACH OF THE YEAR
OT 6TH GRADE GIRLS RECREATION BASKETBALL TEAM
OT UNDER 10 BOYS INDOOR SOCCER TEAM
OT UNDER 12 BOYS TRAVEL INDOOR SOCCER TEAM
OT UNDER 14 BOYS TRAVEL INDOOR SOCCER TEAM
OT UNDER 16 BOYS TRAVEL INDOOR SOCCER TEAM
OT UNDER 12 GIRLS TRAVEL SOCCER TEAM
OT 7TH & 8TH GRADE IRONMEN TEAM

All recognized have contributed greatly to making Old Tappan the great town that it is and one which we are proud to call "home".

#### A Message from your DPW

**BRANCH CHIPPING** will end the last week of September. You must call 201-664-4438 to insure pickup.



This brings us to leaf pickup. Leaves may not be placed in the street before October 5th this is due to local, state and federal stormwater regulations. The department will begin picking up leaves in the street on October 11th and continue until our last pickup starting December 5th. Please do not mix any debris such as brush, branches and rocks in the leaf piles. Rake the leaf piles as close to the curb as possible to insure safe passage of pedestrian and vehicle traffic. Do not place leaves within 10 feet catch basins or block fire hydrants. If you have a landscape contractor please inform them of the above-mentioned items, thank you.

Residents that have basketball backboards in the street are asked to remove them or turn them around, the borough will not be responsible for any damages that might occur. Thank you for you support in the past and your future cooperation. As we have done in the past we will be recycling Christmas trees during the month of January 2017. We will pick up on the west side of town (Central Ave. to River Vale) on January 4th & 18th and the east side (Central Ave. to the state line including Central Ave.) January 11th & 25th. Branches will also be picked up at this time if time and weather allows. We would also like to remind you that it is also a violation to dump cooking grease and oils down the drain as well as the connection of sump pumps and roof gutters to the sanitary sewer system.

#### RECYCLING

We will be having a **paper shredding** event at the DPW yard on October 1st from 9AM to 1 PM. Please bring your papers in manageable sized containers. The recycling center is opened Monday thru Friday, 7:00 am until 3:00 pm, and from 9:00 am until 1:00 pm on Saturdays (except holidays). Please bring only items designated for recycling and place in the appropriate designated container, do not place plastic bags in with items. Use the curbside pickup whenever possible. This includes consumer electronics which may not be disposed of as trash. We do not accept garbage, construc-

tion debris, paint or chemicals, fluorescent bulbs etc. Violators will be prosecuted. Any questions as to what is acceptable or where to dispose of items, please refer to your recycling bulletin or call 201-664-4438.

Congratulations to Andrew Brackenbury who was appointed to the position of Old Tappan DPW Superintendent!!



# Tire Recycling, Computers And Document Shredding Program

Homeowners wishing to dispose of tires, computer and Confidential Document Shredding are invited to bring these materials to the following locations:

Bergen County Campgaw Mountain Reservation 200 Campgaw Road, Mahwah Sunday, October 23, 2016

Collection Hours: 9am-2pm (rain or shine)

### **Household Hazardous Waste Events**

Household hazardous waste will be accepted at the locations listed below. To determine accepted materials to BCUA.org. Look under Solid Waste recycling and Household Hazardous Waste for a list of items.

Bergen Community College 400 Paramus Road, Paramus Sunday, October 16, 2016

Bergen County Campgaw Mountain Reservation 200 Campgaw Road, Mahwah Saturday, September 10, 2016

> Bergen County Utilities Authority 298 Mehrhof Rd, Little Ferry Saturday, November 12, 2016

Collection Hours 9am-3pm (rain or shine )

For more information and directions visit the BCUA web site and look at the hazardous waste flyer:

#### http://www.bcua.org

The Old Tappan DPW yard will accept and recycle unwanted electronics which contain significant amount of toxic and precious metals. Look for the storage box in the rear of the yard.

#### **ENVIRONMENTAL COMMISSION NEWS...**

Arbor Day Observance at TBD To commemorate Arbor Day, a tree planting ceremony was held at T. Baldwin Demarest School. Many thanks to ENZO FORCELLATI AND THE FORCELLATI BROTHERS NURSERY for the generous donation of a beautiful sugar maple. The school children learned the value of trees and how a healthy-clean environment forms the basis of a solid economy. In addition, the Environmental Commission distributed over 400 tree saplings to the entire school body. Children were encouraged to plant these saplings at home and to send photographs of the tree's progress.



#### Walk/Bike to School Day Extended

Due to the popularity of Walk/Bike to School Day with parents, teachers and school kids in recent years....the event was expanded this year to Walk to School Week! During the week of May 23, scores of school children kept the crossing guards busy—and took to the sidewalks. The early morning exercise prepared them for the day of school and no one seemed to be bothered by the few minutes of shortened sleep.

**Recycle unused Medications, Vitamins and Drugs....** Don't dispose of them in the trash where they needlessly fill our landfills; don't flush them down the toilet where they can bypass treatment systems and end-up dissolved in our groundwater, rivers and streams--and most of all, don't leave them unsecured in your home where they could be misused or abused....instead bring unused medications to the Old Tappan or Rivervale Police Departments for proper disposal. No questions asked.

**Paper Shredding**: Saturday, October 1<sup>st</sup> from 9am-1pm. Bring your old files and watch them be pulverized into shreds for recycling. **See us at Town Day:** Come visit the Environmental Commission booth and share your ideas on how Old Tappan can become more earth friendly. New members to the Environmental Commission and the Old Tappan Green Team are also welcomed.



The Borough of Old Tappan and The Old Tappan Police Department invite you to join NIXLE. Stay instantly informed and trusted, neighborhood-level public safety and community information available. You choose the information you want, for the addresses you want all delivered for free by text message, email and or on the web. Sign up now at www.nixle.com. Register now—its free and easy!!

The Old Tappan First Aid Corps. receives "backyard makeover" from Powerpro Power washing of Old Tappan. OT resident Joseph Marchiano and his team installed a new paver patio and BBQ area for the OTFAC located at 4 Russell Ave. There was a great deal of work that was completed. Joe enrolled a number of generous local contractors including Enzo Forcellati of Forcellati Brothers and Billy Smithson of Arrow Tree Services to pitch in their expertise. From designing the backyard to excavation and installation, Powerpro handled the work and managed the entire job. PowerPro's skilled craftsmen removed old and moss filled

soil and debris, installed high quality pavers and renewed the building, grounds and parking area with an expert clean up and power wash. Joe commented "It is a good feeling to help others and the community; it's great to see the willingness of so many people to help out and I'm grateful to be a part of this, EMS is a free service provided by volunteers, supporting them is an honor". Forcellati Brothers donated

the paving stones and plants and materials to install a beautiful patio. Arrow Tree service came to the rescue and removed dead trees and trimmed many that were overgrown. Pisano Carting supplied the carting containers to remove old materials that were left on the property. It was a heartwarming team effort that made a big difference. Best of all, these local contractors never asked for anything in return. They all just wanted to help their First Aid Corps.. Trustee, Lynn McIntosh of the Corps. noted that this was like Christmas in March. Capt. Mark Geerinck noted "It is a proud moment in time to be a Member of OTFAC". This type of community support is something that is needed and cherished; it helps bring a community like Old Tappan together. President Mike Alessi "I have never seen this kind of effort and unity within an all-volunteer corps; this is something very special".

Old Tappan First Aid Corps. is a non-profit, all-volunteer organization and as such never charges for their Emergency Medical Services. As a non-profit, Old Tappan First Aid Corps. depends on financial support from its' residents.

Membership is made up of your compassionate neighbors living in Old Tappan. New Members & EMT's are welcome and are always needed.



Congratulations to the winners of the annual Memorial Day Poster contest! This year's theme was "Gear Up For Safety" and an amazing job was done by all. So hard to pick the winners

OLD TAPPAN F.D

Although we don't want to think about it, Fall and Winter will soon be upon us. Now would be a great time to get your boiler serviced and chimney cleaned, especially if you have a wood burning stove or fireplace to insure that they are ready for the colder weather. Don't forget to clean out dryer vents and ducts at the same time.

October is 9-15 is also Fire Prevention week. This year's theme is "Don't Wait-Check the Date", promoting the key message of this year's Fire Prevention Week campaign is to replace smoke alarms every ten years. Smoke alarms save lives. If there is a fire in your home, smoke spreads quickly and smoke alarms are imperative to give you time to get out. Secondly, and just

as important is testing those units at least once a month to make sure they function properly and also, if you have the older units, you need change the batteries in them when we change our clocks in the Spring and the Fall.

As we have always done in the past we will be visiting some of the schools to teach our young residents about home fire safety. We will also have our annual open house on Tuesday October 11<sup>th</sup>, 2016 from 6:30 PM until 8:30 PM, all residents and families are invited to stop by the fire house, meet the men and women of the Old Tappan Fire Department, see live demonstrations of our equipment, let the kids crawl through the "smoke tent", see an actual fire response, enjoy some light refreshments, and pick up some free fire prevention information to take home.

The Old Tappan Volunteer Fire Department is manned by volunteers on a 24/7 basis 365(6) days of the year. We are sometimes surprised to learn that there are still residents who think their fire protection is provided by a paid fire department. All active members have successfully completed the demanding Firefighter 1 course at the Bergen County Fire Academy and many have completed the challenging Firefighter II course as well. In addition each firefighter needs to complete 24 hours of continuing instruction every year. The Department is always looking for new members and invites anyone (age 15-40) who is interested to stop by Quarters any Monday night at 7:30pm for more information and a membership application, or call and leave a message at 201.666.0970.



The OT VFD conducts monthly drills on Monday nights. On 7/18, under the supervision of Chief Mazza, Deputy Chief Keil and Lts Yhu and Naylis, a review of basic Engine Co operations for the application of water on a fire was done. Photo taken by Samantha Cooke

Respectfully submitted Fire Chief Frank Mazza



# CHECK YOUR HOUSE FOR RADON...

Radon is one of the

scariest things that can turn up in a house. It is the second most common cause of lung cancer, after smoking, and experts say it kills an estimated 500 New Jerseyans a year.

Most people think about radon only when it is time to buy or sell a house, but you should have it checked even if you are not planning to move. According to the state Department of Environmental Protection (DEP), only 28.6 percent of homes in the state have ever been tested for radon. Of the homes found to have elevated levels, almost half have been remediated by placing a ventilation pipe in the basement. The pipes run from under the basement to above the roofline and generally cost \$1200 to \$2500.

The DEP says that homeowners who have installed a radon remediation system should have it checked every two years to make sure it is still working. If you have found safe levels in the past, you should check again if there is a change in the house or property.



RECREATION DATES TO REMEMBER		
SPORT/ACTIVITY	REGISTRATION DATES	SEASON RUNS/EVENT DATE
Outdoor Soccer	May - June	Sept through Nov
Flag Football	May - Sept 15	Sept through mid Nov
Winter Rec. Basketball	Aug Sept.	Early Dec through end of Mar
Winter Travel Basketball	Nov 1 through Nov 30	Early Jan through end of Mar
Indoor Soccer	Oct 1- Oct 31	Jan through Mid Mar
Recreation Baseball/Softball	Dec. 15- Mar 2	Early Mar into June
Town Day/Fireworks	n/a	Sept 10
Town Day/Fireworks - RAINDATE	n/a	Sept 11
Halloween Fest/Ragamuffin Parade	n/a	Oct. 29
Haunted Mansion	TBD	Oct. 28 and 29
Tree Lighting Ceremony	n/a	Dec. 5

Halloween Festival & Ragamuffin Parade

October 29th

Oakes Park, Central Ave, Old Tappan

**SENIOR ADVISORY COMMITTEE NEWS...** You are invited to the Fall Lunch 'n Learn program hosted by the Senior Advisory Committee of OT and sponsored by the OT Local Assistance Board. The event is on Thursday, October 13th, upstairs at the OT Firehouse at 12:00 noon. This will be an international lunch focusing on the Korean cuisine and customs. The cost is free and all OT Seniors are invited. Please mark your calendars for the Senior Advisory Committee Holiday Party scheduled for Thursday, December 8<sup>th</sup> at the OT Firehouse. Remember that the Senior Social Society meets on the first and third Thursdays at 12:30 PM at the OT Senior Center, 247 Old Tappan Road. All Old Tappan seniors are welcome to attend these meetings. There is no charge or dues and coffee and snacks are provided. After the meeting there is usually a few Bingo games played. Feel free to join with your neighbors for an hour or two of conviviality and chatting. Respectfully submitted by Senior Advisory Chairman David Northrop

#### WOMAN'S CLUB OF OLD TAPPAN NEWS

**Guests Welcome to our Meetings.** Guests are invited to join us on the 3<sup>rd</sup> Tuesday of the month, September through May, at 7pm at the OT Fire House. The September 20<sup>th</sup> meeting will feature a program led by yoga instructor Theresa Mihalopoulos. Our annual Member/Guest Pot Luck Dinner Meeting is on October 18<sup>th</sup>, the November 15<sup>th</sup> program will be a holiday craft workshop, and January 17<sup>th</sup> will be a day meeting of games at 1pm. For information call Diana at 201-750-7365

Thank you for Your Generous Support of our Spring Rummage Sale on May 21<sup>st</sup>. We are very grateful for the many who volunteered their time and talents, donated their wonderful treasures, spread the word, and attended this fundraiser that benefited many charitable endeavors and scholarships.

Ragamuffin Parade/Halloween Festival 10/29 Check-in at 12:30 pm at Oakes Park. Parade start at 1:00pm. The Woman's Club and Recreation Commission co-sponsor this fun-filled event. There will be judging of the best costumes, events for the family, and refreshments for all.

Breakfast with Santa on Saturday, December 3 at the OT Fire House (rain date December 10<sup>th</sup>) from 9:30am to 11:00am. Admission is \$10.00 per person. The price includes breakfast, games, crafts, goodie bags, and an individual visit with Santa. Bring your cameras to capture the moment. The event is for children 2 to 7 years old who must be accompanied by an adult. Tickets must be purchased in advance. For ticket reservations, call 201-750-7365.

**Student Award Recipients** The GFWC/NJSFWC Woman's Club of OT congratulates the recipients of all its 2016 awards: Ye Ji Yim, NVOT, the \$1,000 WCOT Bruce J. Ruzinsky, esq. Scholarship, named for its donor; Mackenzie Driscoll, NVOT, the \$1,000 WCOT Scholarship and Celine Kim, NVOT, the \$500 WCOT Theater Arts Award. Eight 8<sup>th</sup> grade students at the CDW School received \$50 awards from the WCOT at their graduation



Pictured I to r: Conservation Chairman Theresa Mihalopoulos, Community Improvement Chairman Clovia Feldman, and Past Chairman and Present Committee Member of both programs Libby Weidmann.

ceremony: the Alice Gaffney Memorial Math Awards to Sharon Lee and Jonathan Carson; Science Award to Alexander Klapowitz; Spanish Award to Daniel Lee; Physical Education Award to Elliana Olivo; Applied Technology Award to Devin Policastro; Athletic Award to Jennifer Fernandez; Achievement Award to Shannon Garrity. Also Austin P Geerinck was presented a congratulatory letter and a \$50 check at his Eagle Scout Ceremony.

**Babysitting Workshop a Success** The WCOT and the OT Library co-sponsored a very successful Babysitting Workshop, attended by area 5<sup>th</sup>-8<sup>th</sup> grade students. The free course was held at the library on 5/16 and 5/23. Twenty-eight students were presented with a Certificate of Attendance for completing both sessions, totaling 3 hours. The sponsors would like to thank the excellent instructors for providing their time and expertise to make this important project possible: Lt Alex Naylis of the OTFD, Capt Mark Geerinck of the OTFAC, Officer Josh Phykitt of the OTPD, and child care presenter Nancy Maida of the WCOT. The Library Chair of the Babysitting Workshop were Sue Meeske, Eileen Smithson and Dee Duncan. The WCOT Chairman was Nancy Maida and Co-Chairman was Libby Weidmann.

**Recycling Bin for Oakes Park Donated by Woman's Club** The WCOT recently donated a bin for recyclables for placement in Oakes Park. The donation came about as a joint project of two Community Service Programs – Community Improvement and Conservation. These two WC programs coordinated the project with the OT DP.

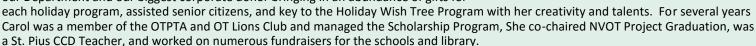
Watch for our Bensi Cucina and Lord & Taylor Shopping Day Fundraiser announcements in the Fall!

Submitted by Pat Royall, OT Woman's Club Communications Chairman

## **OT SOCIAL SERVICES LOCAL ASSISTANCE BOARD...**

"Behind the Scenes" from Old Tappan Social Services Often, we never really know what goes on "behind the scenes." Specifically, how our programs run and services get delivered to our residents throughout the year. We would like to introduce four people, who have worked "behind the scenes" for years in our community doing just that. The Local Assistance Board would like to recognize each for their contributions to our residents.

As the Local Assistance Board Secretary for fifteen years, **Carol Vallillo** was responsible for most of the written correspondence from OTSS. She was the liaison between our Department and our biggest corporate donor bringing in an abundance of gifts for



**Rita Smith**, was an active member of the Local Assistance Board for fourteen years. She assisted Old Tappan seniors, managed the Holiday Wish Tree Program, and delivered meals to residents. She additionally was a member of the PTA K-8, NVOT PTSO, Project Graduation, Municipal Alliance and oversaw numerous fund raisers in our community. Rita also was a Girls Softball Coach and Director, Girl Scout Leader K-8 and Cub Scout Leader.

**Arlene Fultonberg** single handedly managed the Food/Supply Pantry for over ten years, by organizing and shelving all donations. She assisted with correspondence, seniors, and researched and updated office materials.



**Karen Kierce**, master chef of Nutrition to Neighbors (Old Tappan Meals on Wheels) Program, has generously provided and continues to provide two meals a month for our frail seniors and disabled residents for over five years. She, with the assistance of her daughter, Jackie, creatively plan meals that are nutritional, well balanced, often coordinate with holidays that end with tantalizing home baked goods. She calmly states that preparing two dozen meals is really no problem. Cooking a dinner for her immediate family can easily climb to thirty five.

These volunteers quietly worked "behind the scenes" for years, never mentioned their efforts to others and humbly dismiss words of appreciation. The Local Assistance Board would like to express their sincere gratitude to these residents for their years of service to our community and the lives they touched and enhanced through their kindness and dedication. Carol, Rita and Arlene will be relocating in the next few months, taking with them their enthusiasm and gifts of giving to new communities. They will be sorely missed and will no doubt be genuine assets in their next locations. We wish them

good luck in their new chapters.

Please watch for our annual **Fund Raising Letter** to reach you in November and our **Holiday Wish Trees** in local stores in December. Please consider a donation to help us help others in our community.

\*\*Donna Geitz, Local Assistance Board — 201-664-1849 X25\*\*



Hoopla is here! Stream movies, TV shows, listen to music and audio books through the library consortium. All you need is a library card. Go to www.hoopladigital.com to download

the app and register. Also remember to check out **Zinio**, an online digital magazine database with 250 of the most popular magazines. Magazines can be downloaded to your pc, tablet, iPad, iphone and more. **ebooks** are also available for free. You can also learn 30 languages with **Rosetta Stone**. Go to oldtappan.bccls.org and check everything out. Our popular children's programs resume in September. Classes run in six week sessions and are free for residents. Miss Tracy has programs for children from infants through 3<sup>rd</sup> grade. For information about all of our programs and registration, go to our website <a href="http://oldtappan.bccls.org/">http://oldtappan.bccls.org/</a>.

Libraries are known for their book discussion groups, so why not join one of ours? The Mystery Book Group meets the 2<sup>nd</sup> Wednesday of the month; the Eclectic Book Group meets the 2<sup>nd</sup> Thursday of the month; Let's get cooking Book Group meets the 2<sup>nd</sup> Monday of the month; and we are starting a parent/tween book group in September. Are you new to town or just want to know what's going on at the library? Sign up for our list serv. Stop by the library, call us or send your email to <a href="mailto:otpncirc@bccls.org">otpncirc@bccls.org</a>. All events and new items purchased are also on our website <a href="http://oldtappan.bccls.org">http://oldtappan.bccls.org</a>.

Library hours September-June are: Monday, Tuesday & Thursday 9am-9pm; Wednesday & Friday 9am-5pm; Saturday 10am -2pm and we're closed on Sundays.

## FALL INTO A COLORFUL PRODUCE SEASON...

The cookouts, and fresh fruits of summertime may be gone for the year, but fresh-food fans need not to worry. The fall season brings a whole new assortment of delicious and healthy fresh fruit and vegetables. Apples, pears, broccoli and Brussels sprouts are fresh for the taking. These fresh foods are not only tasty, but can

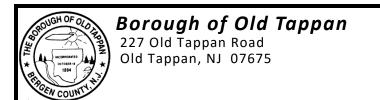
help you feel better, get healthier and may protect against heart disease and stroke, according to the American Heart Association. Autumn brings its own color wheel of seasonal fruits and vegetables. Deep colors like oranges, reds, and purples are especially prominent in the cooler months. Remember it is important to eat a rainbow of colors each day. If preparing a salad; add all colors into the salad, more colors usually mean there is good nutritional value in your meal."

Fruits and vegetables with color contain vitamins, minerals, fiber and phytochemicals that have different disease-fighting elements. These compounds may be important in reducing the risk of many conditions, including cardiovascular disease. The American Heart Association recommends at least 4-5 servings per day of fruits and vegetables based on a 2000 calorie diet as part of a healthy lifestyle that can lower your risk for these diseases.

While grocery stores will carry an assortment of fruits and vegetables throughout the year, buying seasonal produce can take some of the strain off your wallet. Some canned or frozen fruits and vegetables can be just as healthy and satisfying. Many people believe frozen or canned vegetables lack nutritional value, but they are usually processed at the peak of harvest so can provide nutritional value which is similar to fresh produce. If you are watching your salt intake, read the labels of canned products to be sure the sodium content isn't too high.

For more information on nutritional content of fall fruits and vegetables, log onto <a href="http://www.fruitsandveggiesmorematters.org/fruit-vegetable-nutrition-database">http://www.fruitsandveggiesmorematters.org/fruit-vegetable-nutrition-database</a>





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## POSTAL CUSTOMER OLD TAPPAN, NJ 07675

NEWSLETTER

## 911 Memorial Service

**T**he fifteenth anniversary of the tragic events that occurred on September 11, 2001 will be marked in the Borough of Old Tappan on Sunday, September 11, 2016. The Memorial will be solemn and formal marking the great loss to the United States and will also remember the commitment to Liberty and Freedom inspired by this tragic assault on our nation. All residents and friends are invited to participate.

The public is asked to convene at the Borough Hall parking lot. The memorial will start at 8:30 AM. A brief and solemn agenda will follow and at 8:46 AM, participants will march silently to Oakes Park, the location of the Old Tappan 911 Memorial. The solemn procession will end at 9:03 AM followed by a brief Benediction, ending our service.

We hope you will be able to join us.

**The Old Tappan Recreation Commission presents** 

# TOWN DAY & NIGHT 2016

## Saturday, September 10th

(rain date – Sunday, September 11th)

1:00pm to 6:00pm

**Stone Point Park** 

## 1:00-5:00

\*\* Rides/Attractions\*\*

Plus...

Bingo – (Adults), Balloon Twister Face Painter & Henna Tattoos And Much, Much More...

5:00-6:00

New Limited Super Prize Raffle Pie Eating Contest

## Attractions/Rides & Refreshments During the Day

Boot Camp Challenge, Dixie Twister, Giant Slides, Obstacle Course, Trackless Train, 24' Foot Climbing Wall, Carnival Games... and Much, Much More.

Refreshments Available: Hot Dogs, Heroes, Chicken Wings, Pasta, Sausage and Peppers, Pizza, Pretzels, Fruit, Ice Cream, Sno Cones, Cotton Candy, Beverages and More

All New...



## FIREWORKS AT THE OLD TAPPAN GOLF COURSE

Once again, don't miss the Fireworks show planned for the evening. The Golf Course will open at 7:00pm. Park along DeWolf Road or walk to the course. Bring your blanket or beach chair and find a seat along the fairway. Food and drinks available for purchase.

**Enjoy the music and the Fireworks!** 

